

⚠️ Kenapa Perlu Hati-Hati?

Apa yang kita kongsi, boleh:

- ✗ Dilihat orang tak dikenali
- ✗ Disalah guna untuk jenayah
- ✗ Buat anak malu apabila besar
- ✗ Kekal lama di internet

Sekali dimuat naik, susah nak padam.

📱 Jejak Digital

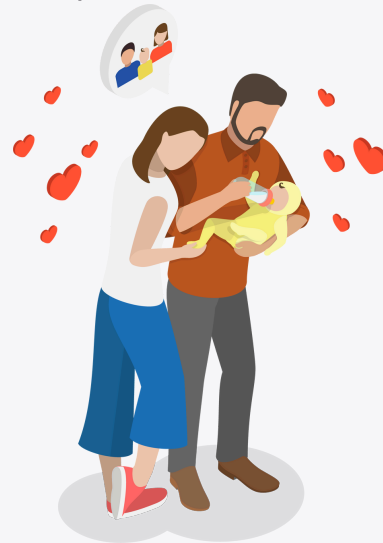
Jejak digital anak ialah semua gambar & maklumat anak yang pernah dikongsi di internet.

Jejak ini boleh ikut anak hingga dia dewasa.



📣 Fikir dulu sebelum kongsi

- 💬 Jadilah ibu bapa yang bijak.
- 🏠 Lindungi anak, keselamatan bermula dari rumah.
- 🌐 Pelihara privasi dan maruah anak.



Hubungi Kami:



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Lindungi Hak & Keselamatan Anak Kita



Sharenting Kongsi dengan Bijak

Gambar anak di media sosial nampak biasa, tapi boleh beri risiko kepada anak.

Apa itu *Sharenting*?

Sharenting ialah apabila ibu bapa atau penjaga kongsi gambar, video atau cerita tentang anak di Facebook, WhatsApp, TikTok dan lain-lain.

📷 Contoh:

- ❌ Gambar anak di sekolah
- ❌ video mandi
- ❌ cerita keputusan peperiksaan
- ❌ kongsi lokasi

Kita tidak boleh kawal sepenuhnya ke mana ia akan pergi.

Di media sosial, orang lain boleh:

- 📷 ambil *screenshot*
- 🔄 simpan dan kongsi semula



Anak Ada Hak

🔒 **Privasi:** supaya gambar dan maklumat anak tidak didedah.

🛡️ **Keselamatan:** supaya anak terhindar daripada bahaya.

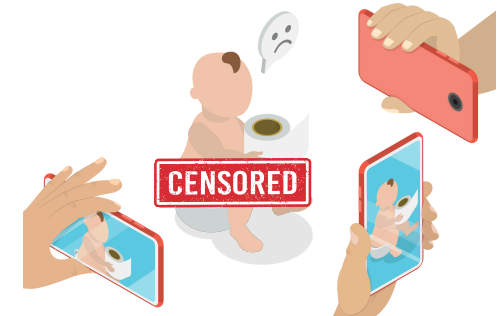
😊 **Maruah:** supaya anak tidak dimalukan, pada masa kini atau suatu hari nanti.

Kanak-kanak ada hak untuk dilindungi daripada mudarat dan aib.

Ibu bapa bertanggungjawab jaga keselamatan & maruah anak.

🛑 Elak Kongsi Ini

- ❌ Gambar tanpa baju / mandi
- ❌ Nama penuh & umur tepat
- ❌ Nama sekolah / tadika
- ❌ Lokasi rumah / rutin harian
- ❌ Cerita sensitif tentang anak



Langkah Mudah Lindungi Anak

- ✔️ Semak tetapan (*setting*) privasi akaun media sosial
- ✔️ Hadkan siapa boleh lihat posting
- ✔️ Elak kongsi secara terbuka
- ✔️ Padam posting lama yang berisiko

⚠️ Why should we be careful?

What we share can:

- ✗ Be seen by strangers
- ✗ Be misused for crimes
- ✗ Embarrass your child when they grow up
- ✗ Stay on the internet for a very long time

Once uploaded, it is hard to delete.

📱 Digital footprint

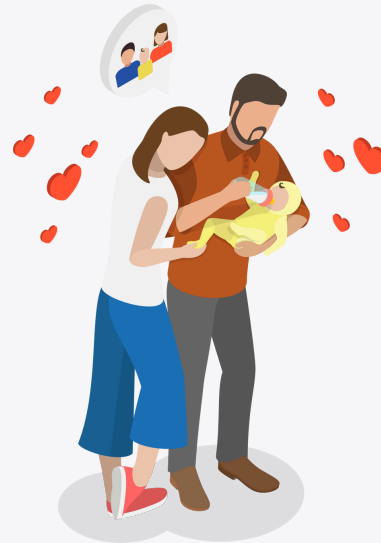
A child's digital footprint is all the photos and information about them that have been shared online.

This footprint can follow a child into adulthood.



📣 Think before you share

- 💬 Be a wise parent.
- 🏠 Protect your child, safety begins at home.
- 🌐 Safeguard your child's privacy and dignity.



Contact us:



Office of the Children's
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- 17th Floor, Menara Aras Raya, Jalan Raja Laut, Kuala Lumpur, 50100, Malaysia.
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- <http://www.suhakam.org.my/>



Protect Our Children's Rights and Safety



Sharenting Share wisely

Photos of children on social media may seem normal, but they can put children at risk.

What is sharenting?

Sharenting is when parents or guardians share photos, videos, or stories about their children on Facebook, WhatsApp, TikTok, and other platforms.

📷 Examples:

- ❌ Photos of children at school
- ❌ Bath-time videos
- ❌ Stories about exam results
- ❌ Sharing locations

We cannot fully control where it will go.

On social media, others can:

- 📷 Take screenshots
- 🔄 Save and reshare content



Children have rights

🔒 **Privacy:** so their photos and information are not exposed.

🛡️ **Safety:** so they are protected from harm.

😊 **Dignity:** so they are not embarrassed, now or in the future.

Children have the right to be protected from harm and humiliation.

Parents are responsible for protecting their children's safety and dignity.

🛑 Avoid sharing

- ❌ Photos without clothes or during bathing
- ❌ Full name and exact age
- ❌ Name of school or kindergarten
- ❌ Home location or daily routine
- ❌ Sensitive stories about your child



Simple steps to protect your child

- ✅ Check your social media privacy settings
- ✅ Limit who can see your posts
- ✅ Avoid sharing publicly
- ✅ Delete old posts that may pose risks