

# Kenapa Ia Penting?

Tanpa kawalan, anak boleh:

- Tonton video ganas atau lucu
- Dibuli atau diganggu orang asing
- Main telefon terlalu lama
- Jadi pemarah, susah tidur, susah fokus

*Parental control* bantu cegah awal, sebelum jadi masalah besar.



*Parental control* bantu ibu bapa jaga anak dalam dunia digital.

- Beritahu anak kenapa telefon dikawal
- Jangan guna sebagai hukuman
- Pantau dengan cara berhemah

Hubungi Kami:



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Lindungi Anak Guna  
Telefon & Tablet

# KAWALAN IBU BAPA

*Parental Control*

Telefon pintar ada kebaikan. Tapi tanpa kawalan, anak boleh terdedah kepada perkara yang tidak sesuai.



# Apa itu Parental Control?

Parental control ialah cara ibu bapa:

- Hadkan masa anak guna telefon
- Sekat video & laman web tidak sesuai
- Kawal permainan dan aplikasi
- Elakkan anak beli barang dalam aplikasi

- ✦ Bukan untuk mengintip.
- ✦ Untuk lindungi dan bimbing anak.



# Kawalan Terus Dalam Telefon

- Percuma
- Tak perlu pasang aplikasi lain



## iPhone / iPad

- Tentukan had masa guna mana-mana aplikasi
- Sekat laman web dewasa
- Tutup pembelian dalam aplikasi
- Tetapkan waktu rehat pada jam tertentu (contoh: malam)

## Android

- Had masa skrin harian
- Lulus atau tolak aplikasi
- Sekat kandungan ikut umur
- Boleh kunci telefon dari jauh

# Aplikasi lain Berbayar

- Qustodio
- Net Nanny
- Kaspersky Safe Kids
- Norton Family
- KidsLock



## Kelebihan Aplikasi Berbayar

1. **Had masa:** Tetapkan masa guna telefon.
2. **Sekat aplikasi:** Kunci aplikasi tak sesuai.
3. **Tapis video & web:** Halang kandungan tak elok.
4. **Kawal muat turun:** Tak boleh pasang tanpa izin.
5. **Lihat penggunaan:** Tahu anak buat apa.
6. **Kunci telefon:** Tutup bila perlu.

# Why is it Important?

Without control, children may:

- Watch violent or pornographic videos
- Be bullied or disturbed by strangers
- Use the phone for too long
- Become irritable, have trouble sleeping, and find it hard to focus

*Parental control helps prevent problems early, before they become serious.*



***Parental control helps parents protect their children in the digital world.***

- Tell your child why the phone is being controlled
- Do not use it as punishment
- Monitor in a respectful way

**Contact us:**



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**Protect Your Child When Using Phones & Tablets**

# PARENTAL CONTROL

Smartphones have benefits.

But without control, children can be exposed to things that are not suitable.



# What is Parental Control?

Parental control is a way for parents to:

- Limit the time children use the phone
- Block unsuitable videos and websites
- Control games and applications
- Prevent children from buying items in apps

- 📌 Not for spying.
- 📌 To protect and guide children.



# Built-in Control on the Phone

- Free
- No need to install other apps



## iPhone / iPad

- Set time limits for any app
- Block adult websites
- Turn off in-app purchases
- Set downtime at certain hours (for example: at night)

## Android

- Daily screen time limits
- Approve or reject apps
- Block content based on age
- Can lock the phone remotely

# Paid Apps

- Qustodio
- Net Nanny
- Kaspersky Safe Kids
- Norton Family
- KidsLock



# Advantages of Paid Apps

1. **Time limits:** Set phone usage time.
2. **Block apps:** Lock unsuitable apps.
3. **Filter videos & web:** Block harmful content.
4. **Control downloads:** Cannot install without permission.
5. **View usage:** Know what your child is doing.
6. **Lock phone:** Turn off when needed.