

Apa itu buli?

Perbuatan yang sengaja ditujukan kepada seseorang, sama ada berulang atau dalam satu kejadian serius.

Ia mendatangkan kemudaratan:

-  Fizikal: badan cedera, barang rosak
-  Psikologi: takut, sedih, hilang yakin
-  Sosial: dipulaukan, nama tercalar



Akta ini melindungi

Kanak-kanak bawah 18 tahun, semua pelajar tanpa mengira umur, dan kanak-kanak di institusi jagaan.

Buli bukan perkara kecil.

Kalau kamu rasa takut, sedih atau tidak selamat, itu bukan salah kamu. Tidak salah kalau kamu mengadu. Ia langkah pertama untuk berhenti.



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Siri kesedaran di bawah Akta Antibuli 2026 (Akta 876).

Buli?

Jom kenal, jom hentikan!



**Kenali buli. Laporkan buli.
Sekolah kita sekolah selamat.**

Akta Antibuli 2026 (Akta 876)

5 bentuk buli

1 Buli fizikal

Mencederakan badan mangsa atau merosakkan barangnya.

Amir ditolak, basikalnya dirosakkan.

2 Buli lisan

Kata-kata menghina, mengugut atau menjatuhkan maruah.

Nama Sarah diejek di sekolah pada setiap hari.



3 Buli sosial

Memulaukan mangsa, merosakkan reputasi atau mewujudkan suasana bermusuhan.

Lim dipulaukan, cerita palsu disebar.

4 Buli diskriminasi

Memalukan atau mendiskriminasi kerana jantina, ras, agama atau ketidakupayaan.

Rina diketawakan kerana alat bantu dengarnya.

5 Buli siber

Buli lisan, sosial atau diskriminasi secara elektronik atau digital.

Gambar Danish dijadikan meme dan di

Apa perlu buat?



1 Beritahu

Cakap dengan ibu, bapa, penjaga atau guru yang dipercayai.

2 Simpan bukti

Simpan mesej dan tangkap layar. Catat tarikh dan tempat.

3 Lapor

Sekolah wajib ada saluran laporan mesra kanak-kanak. Laporan dirahsiakan.

4 Dapatkan sokongan

Sekolah wajib sediakan kaunseling dan sokongan psikososial.

5 Jika tiada tindakan

Ibu, bapa atau penjaga boleh bawa aduan ke Tribunal bagi Antibuli.

Nama kamu dilindungi. Pendengaran Tribunal tertutup dan mesra kanak-kanak.

Ikrar anti-buli

Sekolah selamat bermula dengan kamu.



Saya tidak akan membuli sesiapa dengan tangan, kata-kata atau telefon.

Saya tidak akan ketawa atau berdiam apabila kawan dibuli.

Saya akan beritahu orang dewasa yang saya percaya.

Saya akan jadi kawan kepada murid yang keseorangan.

What is bullying?

A deliberate act aimed at another person, whether repeated or in a single serious incident.

It causes harm:

-  Physical: injury, damaged belongings
-  Psychological: fear, sadness, lost confidence
-  Social: being excluded, reputation harmed



Who the law protects

Children under 18, all students whatever their age, and children in care institutions.

Bullying is not a small thing.

If you feel frightened, sad or unsafe, it is not your fault. There is nothing wrong with speaking up. It is the first step to making it stop.



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An awareness series under the Anti-Bullying Act 2026 (Act 876).

Bullying?

Know it, stop it!



**Recognise bullying. Report bullying.
Our school is a safe school.**

Anti-Bullying Act 2026 (Act 876)

5 forms of bullying

1 Physical bullying

Hurting the victim's body or damaging their belongings.

Amir is pushed over and his bicycle is damaged.

2 Verbal bullying

Words that insult, threaten or humiliate the victim.

Sarah is called names at school every day.



3 Social bullying

Leaving the victim out, harming their reputation or creating a hostile environment.

Lim is left out and false stories are spread.

4 Discriminatory bullying

Shaming or discriminating because of gender, race, religion or disability.

Rina is laughed at because of her hearing aid.

5 Cyberbullying

Verbal, social or discriminatory bullying done electronically or digitally.

Danish's photo is made into a meme and shared.

What should you do?



1 Tell someone

Speak to your mother, father, guardian or a teacher you trust.

2 Keep evidence

Save messages and screenshots. Note the date and place.

3 Report it

Every school must have a child-friendly reporting channel. Your report stays confidential.

4 Get support

Your school must provide counselling and psychosocial support.

5 If nothing is done

A parent or guardian may bring a complaint to the Tribunal for Anti-Bullying.

Your name is protected. Tribunal hearings are closed and child-friendly.

Anti-bullying pledge

A safe school starts with you.



I will not bully anyone with my hands, my words or my phone.

I will not laugh or stay silent when a friend is bullied.

I will tell an adult I trust.

I will be a friend to anyone left on their own.